

MEDIA RELEASE

Community Chest Boosts Support for Mental Health by 30% to \$17m in FY2025

SINGAPORE, 29 AUGUST 2026 – Community Chest disbursed more than \$17 million to support mental health programmes in Fiscal Year (FY) 2025, a 30% increase from the previous year. The funding supports social service agencies in delivering programmes for persons with mental health needs across Singapore. This announcement was made at the annual Community Chest Heartstrings Walk, which brought together about 3,700 participants, including service users, volunteers and partners.

2 Over the past 10 years, the Community Chest has raised and disbursed more than S\$500 million to support social service programmes and capability-building projects for individuals and families in need in Singapore. Regular giving and multi-year partnerships enable social service agencies to better plan and deliver effective and sustained support.

3 In the area of mental health needs, Community Chest aims to make a measurable difference through sustained funding. In FY2024, about one in four persons with mental health needs who received support from Community Chest-funded programmes¹ recorded significant improvements in their quality of life².

4 This year's Heartstrings Walk marks 15 years of partnership between Community Chest and Marina Bay Sands in rallying community support. Guest-of-Honour Mr Masagos Zulkifli, Minister for Social and Family Development, flagged off the evening walk around the Marina Bay. Earlier in the day, Mr Eric Chua, Senior Parliamentary Secretary for Social and Family Development and Law, flagged off the Vertical Marathon, where 47 teams climbed 57 levels to the Sands SkyPark.

5 The event also marked the official launch of Relay Majulah 2026, a year-long movement co-organised by Li Foundation and Lions Clubs Singapore to encourage active living and strengthen community bonds through movement. Its ultra-slow jogging format taps on a globally popular trend, enabling seniors and people of different abilities to participate safely, comfortably and together. This initiative supports Community Chest's efforts to foster inclusion through collective action.

¹ Community Chest FY2024 Impact Report

² To measure the quality of life, the World Health Organisation Quality of Life framework (WHOQOL-BREF) is used for adult respondents (18 years and above), while the KIDSCREEN framework is used for children and youth respondents (under 18 years). The questionnaires measure how satisfied people are with various aspects of their lives, including physical well-being and mental well-being.

6 “As mental health needs grow more complex, stable and long-term funding allows agencies to plan ahead, intervene earlier, and support people more effectively. No one should have to navigate mental health challenges alone. We are grateful to our partners and donors, and hope more will join us and our friends at the Marina Bay Sands in building a caring and inclusive society, supporting individuals and families in need,” said Mr Danny Koh, Chairman, Community Chest.

7 “Our longstanding partnership with Community Chest since 2011 reflects a shared commitment to strengthening Singapore's social fabric and ensuring critical social service programmes continue to uplift those who need them most. We continue to be proud to co-organise these events as part of our annual Sands for Singapore Charity Festival. Together with Community Chest, we hope to inspire even more businesses, communities and individuals to play an active role in supporting one another, contributing to building a more caring, inclusive and resilient Singapore,” said Mr Nicholas Ionides, Senior Vice President of Communications and Corporate Affairs at Marina Bay Sands, and co-chairperson of the Community Chest Heartstrings Walk.

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About Community Chest

As the philanthropic arm of National Council of Social Service, Community Chest has been uniting the community to mobilise resources and raise funds for those in need since 1983. Community Chest supports more than 300 critical programmes and projects, benefiting over 94,000 social service users annually. 100% of funds raised go to programmes and capability building of social service agencies serving communities in need such as children and adults with disabilities, persons with mental health needs, youth-at-risk, as well as families and seniors in need. For more information about Community Chest, visit www.comchest.gov.sg.

Annex A – List of agencies and mental health programmes and initiatives supported by Community Chest in FY2025

Agency Name	Programme Name
Care Corner Singapore Ltd	Care Corner Counselling Centre
Club HEAL	Our HEALing Voice
Counselling and Care Centre	Counselling and Care Centre
Eagles Mediation & Counselling Centre Ltd	EMCC Counselling and Psychotherapy
MINDFULL COMMUNITY LIMITED	Caregiver Training and Support Programme
Samaritans of Singapore Limited	• Local Outreach to Suicide Survivors (LOSS) • Samaritans of Singapore Suicide Crisis Intervention Programme • SOS Care Text
Shan You	Shan You Counselling & Casework
SHINE Children and Youth Services	grovve
Singapore Anglican Community Services	Integrated Employment Services
The Ramakrishna Mission	Family Support and Counselling Programme
The Singapore Association for Mental Health	• Mindset Learning Hub • SAMH Group Homes • SAMH Insight Centre • SAMH Oasis Day Centre • SAMH Youthreach
TOUCH COMMUNITY SERVICES LIMITED	• Beyond the Label 2.0 • Live On!
WE CARE Community Services Limited	Sober Living Framework